

## How can anyone possibly live like this?

Please begin by ridding your mind of *that* most harmful question. It comes directly from your Ego and will keep you apart from True Happiness. It is the first of many barriers you will encounter along the way. It stops more people from proceeding to a better life than any other. It is the “all or nothing” excuse you will use to remain steadfastly in the prison of the human condition, where you feel comfortable. Cross that barrier and you will see the first glimpse of an absolutely beautiful alternative that exists. Start by saying, “Although difficult, I believe it is possible.” Let that be your first prayer along the way.

Here is another question to be rid of in order to honestly tread the path to a richer more free Life:

How do I know what God’s will is for me?

The answer to that question already lies within each and every human being. The trouble you have with the question is not the lack of an obvious answer, but to whom you address the question. Is it ever God that you ask? No, you generally ask your Ego, or worse, someone else’s Ego. This creates real problems because an Ego has no honest answers for you; it can supply only false answers. The answer will only be found by asking God within your True Self. The answer is there. By way of removing the false answers, you will soon get to the true answer.

A better question to ask that can bear fruitful answers would be this:

Am I willing to really know God’s will for me?

If there is not a willingness to change, what difference is God’s will to you anyway? Your Ego likes to believe that by simply asking the question of God’s Will that you are doing your best to follow it. This is not true at all. In fact this act is a bigger crime toward truthfulness than is a blatant lie. The blatant lie is more honest. To pretend as if you are searching, but are not, will push you furthest from the Truth.

Aim for willingness first if you have none. As little as it may be to start, it will soon set you free. It is the tiny opening to the great beyond that waits for you. Do not be fearful of conversion or mysterious transformation, as there will be nothing mysterious about it at all—nothing will happen without your true consent. To be clearer, nothing will happen without your joyful approval. What you lose will not compare to what you gain.

See the Human condition in its true form. If you can do this, you will see how harmful it is to you and those around you. You will see that what you think is betterment is really regression. That many forms of success are truly failure. You can see this through conscious awareness, discussed at length in these writings. The awareness in itself is your prayer for something new. So, as often as you can, ask for the new insight by invoking awareness.

Help will come to you. As pointed out by one insightful teacher, *the help you receive will be equal in sincerity to the level in which you ask for the help*. If your request for help is insincere, or full of self-pity, you can expect help to come from pitiful and insincere sources, particularly in the people who appear to fulfill your request. True seeking, however, always brings real help.

This is a wonderful fact about the Truth. Although you cannot fool it in any way, if you ask for anything with the utmost sincerity, it will sincerely be given to you. Everyone who reads this will know it to be true. Deep down in everyone is a connection to the Truth, whether known or not, that responds to this message.

The Ego will also respond to the message. It will defend its own existence, which will certainly be diminished by living in the Truth. You can expect feelings of rejection to come from it. It will cleverly convince you that your life's really not that bad. Through the use of your memories and fantasies, it will play movies in your head of the things you treasure along with the consequences of losing them. It will present to you a bleak and boring world that you will want no part of. Cast that picture aside; *it is a grand illusion*.

You must also be willing to see that what you currently know is not enough, nor knowledge of the right kind. You may indeed have knowledge of a special sort or in great quantities on certain subjects. You may consider yourself to have a decent sum of intelligence, but it is all of the kind that does not matter in respect to finding True Happiness. Thinking you understand will be a critical mistake. Being convinced of anything stops investigation. Thus to "know" is stop knowing more. Suspend all thoughts of knowing- rather look at everything as what you've learned *so far* and continue to look for new understanding.

Another wonderful fact about the Truth is that learning about it happens at every moment and never ends. It provides life through learning forever. If you can remove judgment from the learning process, you will never be bored or upset by what you learn, only amazed.

What about your life as it stands? Is it all to be thrown away without a thought? Is nothing you currently possess of any value? Everything you have is of value. These things may be valuable, however, for reasons beyond your understanding of them. It is only unwise to assign false value or meaning to them. Give up *nothing* except your view of *everything*. If you do this, you will soon see everything you need to see.

After experiencing even the slightest glimpse of True Happiness, any traveler on the new path will see how their previous idea of happiness was but an illusion. If you persist down the path yourself, you will begin to see how your current ideas of joy and happiness are in most cases harmful, in the least of cases irrelevant. That will not bother you, however, because you will have seen what is ahead and will gladly trade the old for the new.

Are you ready to shed fame, fortune and glee to have them securely replaced by Self Knowledge, True Understanding, and Inner Peace? Just an ounce of the willingness I propose is all that is required to start.

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