

## Humility

At the very core of your being lies a natural goodness. A goodness that is not reliant upon anything else. There is true beauty that lies within you, ready for your discovery. Life is yours for the purpose of finding all of its wonderful secrets and hidden joys—this is one of them. You are the heart of life and you are naturally a spiritual being.

You are not, however, completely aware of this goodness. Proof is evident in the questions you ask about your own goodness. Proof is also evident in your quest to find goodness in the eyes of others. See how you use others to set the measure of your goodness and virtue.

Why so much doubt about your own goodness?

You may have been led to believe that goodness is a set of acquired traits. Something you gain as you travel through life, given to you by your caretakers, friends and loved ones. Proven by your actions. In believing this, you must then see the fallibility of your goodness in how you often act so poorly. You must also see the weakness of your resolve in your attempts to be good.

You may believe that God will someday reward you with eternal goodness once you prove you are worthy. You may see patience as a virtue related to waiting. This would indicate that you believe that you have intrinsically been born without goodness and that there is at least a chance that it may never truly come.

You may believe that each person is born of a certain level of goodness and that they will act to the level that their goodness requires, each fulfilling a part of life which makes the world go 'round. But even then, you question whether or not you are acting to your own level of goodness. Do you not?

In any case, you are on a doubtful path, which requires you to ask quite often:

“Am I good?”

If Truth had a heart it would certainly be broken upon hearing such a question. It knows you are good and its intention is for you to deeply know this too. Truth never puts your goodness to any test and has no need to question it.

So why do *you* question your goodness?

You are obviously not quite sure if you are truly good or not. You even struggle to define what goodness is. You change your standard of goodness and its bearer regularly to suit changing conditions and your environment. While one day you find

an act to be despicable, the next you justify its reason, based solely upon your changing emotional perspective.

This is not the goodness of Truth—it is of another kind. And this is your reason for confusion is that you've replaced true goodness with one born of the human condition—one that has opposites and degrees. In this way you cannot win, there will always be a better good and a worse one. And you will be stuck with this arrangement as long as you think in the way that you do.

You have been hijacked by the Un-Truth, the Ego, which has false ideas of good and bad that it has imparted to you. In addition to that, it has been your chief critic and adversary where judging this goodness is concerned. *It* is the entity that has put your goodness to the test.

The Ego has devised its own set of values and assesses them with earthly measures. It values the collection of possessions, mostly those of thought, as a way of proving worth. It believes in the idea of time-reward. The Ego lives only in the past or the future—avoiding the present moment at all cost. It revels in excitement and distress all the same.

The Ego exists in the realm of comparison. It cannot be anything if not relative to something else. In this way it has no choice but to live with ups and downs, highs and lows. It creates the very chaos it rides. That is the essence of Ego, and it would have it no other way. If it were not for comparison, it would not exist.

This force is what has gotten in the way of you seeing your *true* goodness. It has created false Gods for you to worship and false value systems for you to follow. It has fooled you into believing that virtue is to be found on an earthly plane.

True Virtue is not to be found in any world that you can see. It is not of those worlds. It lies deep within your True Essence and is not born of action, but of awareness. It simply *is* and you simply need to *be* with it.

This takes hard work, but not hard work to *be* good or virtuous. It takes hard work to remove all that has been placed in the way of your natural goodness— to see what lies within. It takes great courage, *real courage*, to say “no” to the great Un-Truth and all of its false ideas. When that is done, true goodness can be found.

The state of knowing this goodness is called Humility. It is a state of being that requires no verification or approval from outside. It needs not to be pronounced. It is that which is left when all of the false ideas of goodness are gone. It is not to be confused with the humility of the human condition that begs notice.

See this. See that your present ideas of good and bad are faulty. See how they bring you undue stress while fooling you into believing that you are enjoying life. Pay deep respect to the natural goodness that has been instilled by Truth by seeing it. It

is of the most generous kind. It is a goodness that is truly safe and secure, which will never leave you and never let you down. It cannot, because it is part of you.

Be Humble by doing the work of uncovering your true goodness. Let go of thinking you need to acquire goodness through action. When you are one with true goodness, all of your actions will be good. It will not even be a thought.

This is such good news. Will you hear it?

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