

## The Running of the Bulls

One of the many false ideas you have been taught is that you can create more good than bad in your life through your actions. You have been taught to have personal goals that when reached, will set you above where you are now. All based on time and result, the reward for the action comes after the achievement.

This is the philosophy of Bull Runners as well. They run with the bulls to achieve a goal. Their goal is to have more courage than they had before the run. They believe that courage is a virtue that can be achieved through action. They also believe more courage will mean a better life.

How very true this is for you as well. You run with the Bulls everyday. Of course you believe your Bulls are of a much worthier nature, of more noble purpose such as character, responsibility and charity. You fail to see the grandiosity of your actions because you've tied them to virtue—just like the Bull Runner.

Please examine the similarities.

Each Bull Runner probably views their chances of success to be unique; they look around at other Runners and gauge their chances relative to the mob. They likely identify individuals with whomever they see as superior and judge others as inferior. They consider their strengths and weaknesses relative to the others. Does any of this sound familiar?

As the race ensues they frantically run with their goal in mind—some to win, some to finish and some just to survive. They risk being trampled underfoot should they fail. They do it unknowing of the true reason why and defiantly unaware that they have another choice – *not* to participate.

When it is over, no matter the result, each runner views it in only one regard—in view of himself. What had he accomplished or failed to accomplish, and how will others see him? These are the runner's only real concerns once the event has passed.

Can you see how this illustration applies to your life? It would only be to your advantage to investigate how your goals are so similar to that of the Bull Runners. You seek what they seek.

Excitement and identity are the goals of all sleeping men. You prove this with every venture upon which you embark. Even acts you are convinced are unselfish are really hidden attempts at personal achievement. You do them with a personal goal in mind and a craving for some level of fulfillment. You do each with a *result* in mind. The result you prefer, no less.

How can a result or accomplishment change who anyone truly is? Does the Bull Runner not need the courage to even start his run? Does that not prove that his courage is not a result of it? The event simply proves it to others. What are you doing in your life simply to prove who you are?

The wisest of people see your noblest acts as no different than that of the Bull Runner—foolish with no constructive outcome. Selfishness masqueraded as something else. In the end these acts change nothing of matter and leave you only with a higher tolerance for pain and an increased state of delusion.

Would a Bull Runner ever intentionally attempt to outrun a bull while no one watches? Neither do you do any of your acts without the thought of being seen. Even when you give of yourself anonymously, you tell others that you gave anonymously.

If you look closely you will see that all ambitions in your life can be viewed as a Running of the Bulls. You will argue that many of your actions are out of love, friendship or responsibility; however, if illuminated by the true light, you would see that they are primarily ways to prove you have courage or some other virtue to give.

How often has a relationship with another started out exciting and full of new identity, only to end in resentment and a feeling that you had been trampled or stepped on by the Bull who did not act as you expected?

Have you not in many ways treated your relationship with God in such a manner?

Here is your proof that you are hiding from these facts. It would cost you nothing to look honestly, and yet you won't even do that. You fight instead to prove you are not blind.

Your Ego will fight this revelation because it is the culprit behind the folly. It seeks to cleverly preserve itself at all cost. If you can break away from it for even a brief moment, you will see the truth in what is being revealed—and seeing anything is the only way to remove it. How can you let go of something you cannot see?

Your Bull Running days can be over. You can decide not to participate for the first time in your life. You can forgo the false fanfare, and find True Happiness. You can quietly *be* and not have to be *something*. You can accomplish all of this by simply seeing what is true.

These are positive facts, but you will at first see them as negative. You will be concerned only with what you will lose if you attempt to see things in a new way. Stop asking what you should do next; the answer will come from unworthy sources. Instead ask what you should see next, and the answer to what you should do next will authentically present itself.

Don't judge your actions. Be apart from them for the first time. See them clearly and be willing to let them go. This *is* the very joy you seek. It has no waiting period; it is possible right now, at this moment.

Let Truth show you what it is, without a word.

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